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select "Log In"

*Every 90 days, you must log in with your own UpToDate username and password from an Inova computer.*

### Log In

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**Log In**

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Make the most of your UpToDate experience: Register for an account and benefit from mobile access to our trusted clinical content. Plus, earn and redeem CME/CE/CPD credits while you work.

**Step 2.**  
Log in with your  
Username and Password

**Step 3.** Click the  
blue "Log In" button

You can now use UpToDate from your mobile device (tablets, phones, etc) or from your home or office computer for 90 days.